

# Feeling Good Challenge

Week	Day	Day	Day	Day	Day	Day
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Rainy day: Bonus</b>
	Get started Browse the module Complete the survey 😊	Create your <a href="#">Gratitude Journal</a>	Start on a 300 piece puzzle together	<a href="#">Family Scavenger Hunt</a>	Make family dinner together	Listen to an <a href="#">online book</a> together
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Rainy day: Bonus</b>
	Continue working on a 300 piece puzzle together	Pick a project to <a href="#">Volunteer together</a>	Write in /share your <a href="#">Gratitude Journal</a>	Play family fitness <a href="#">Monopoly</a>	Watch a family movie together. What part of the movie did you like best?	<a href="#">Bake</a> a treat together
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Rainy day: Bonus</b>
	<a href="#">Solve a problem</a>	Write in /share your <a href="#">Gratitude Journal</a>	<a href="#">Random Acts of Kindness</a> Day to friends and family members	Karaoke/ <a href="#">Dance</a> night	Continue working on a 300 piece puzzle together	Make up and tell your own stories about your life
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Rainy day: Bonus</b>
	Play family fitness <a href="#">Monopoly</a>  Family game night	Finish your 300 piece puzzle together	Family coloring contest	Write in /share your <a href="#">Gratitude Journal</a>	Plan the next month of <a href="#">Friday Family Activities</a>	Spring-clean the house together by each taking a room