Thursday, November 19
4:00 - 5:00 pm EST
RSVP at https://umich.zoom.us/webinar/register/WN_SM-e84yVTX-IdqFzr8TA

Use of Wearable Devices for Return-To-Play in Sports and Physical Activity During COVID-19
Hosted by Cathy Goldstein, M.D., Associate Professor of Neurology, U-M Sleep Disorders Center

Due to COVID-19, many organizations, including professional sports teams and the military, have used wearable devices for early detection of COVID-19. As individuals begin returning to sports and physical activity, there are public health concerns about close physical contact and potentially spreading the virus. This panel will examine these issues and discuss the effectiveness of wearables for daily health monitoring.

Join us as Cathy Goldstein hosts a conversation and Q&A with:

Speakers:

- **Josh Hagen**
  Director, Human Performance Innovation Center, Department of Neuroscience, West Virginia University School of Medicine

- **Joe Patterson**
  Soldier Performance Strategist, Tactical Strength and Conditioning Facilitator (TSAC-F), U.S. Army
The ESSI seminar series will continue during the winter semester. Stay tuned for upcoming topics and speakers.